

# The Energetic Movement Collective

## Guided Towards Greatness

### Individual Dancer Intake Interview

“Dance connects us to the movement of life. We already know most “secrets” of dancing. The challenge-and gift- is to unlock the amazing wisdom that lies within”-Cynthia Winton Henry

As a coach, it's important for me to understand how you view the world in general and yourself in particular. Each person has a unique way of thinking and a unique way of interacting with those around him or her.

Answer each of these questions as clearly and thoughtfully as possible, expressing the best of who you are. These are “pondering” questions designed to stimulate your thinking in a particular way that will make our work together even more productive. I suggest that you take several days to compose your responses to these questions. Thank you.

1. What accomplishments must, in your opinion, occur during your lifetime so that you will consider your life to have been satisfying and well lived— a life of few or no regrets?

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2. If there were a secret passion in your life, what would it be?

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3. What do you consider your role to be in your local community? In your dance studio? In the convention world? In the United States? In the world?

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4. If you could devote your life to serving others—and still have the money and lifestyle you need—would you do it? How would it look?

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5. If you trusted your coach enough to tell him or her how to manage you most effectively, what tips would you give?

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6. If you had a five-year goal and you had continuing services of a coach to help you make it happen (and money were not an issue), what would that goal be? What difference would working with a coach make?

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7. Describe your goals as a dancer. What are your strengths and weaknesses?

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8. Do you believe in *God* or in the concept of a higher power? If so, describe the most useful and empowering aspects of your relationship with *God*. If not, what reference point do you use?

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9. As your *Coach* is there anything else you would like me to know about you?

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